

RECRUITING NOTES

Basic Rules for NCAA Coaches

NCAA RECRUITING CHART

	DIVISION I	DIVISION II	DIVISION III
Sophomore	Recruiting materials - <ul style="list-style-type: none"> • Questionnaires, camp brochures, NCAA materials and nonathletics recruiting publications only. 	Recruiting materials - Same as Division I	Recruiting Materials – <ul style="list-style-type: none"> ▪ Permissible Telephone Calls – <ul style="list-style-type: none"> ▪ No limitations * Permissible freshman and sophomore years
Junior	Recruiting Materials – <ul style="list-style-type: none"> ▪ September 1 Telephone Calls – <ul style="list-style-type: none"> ▪ Once per week July 1 Off-Campus Contact – <ul style="list-style-type: none"> ▪ July 1 following junior year 	Recruiting Materials – <ul style="list-style-type: none"> ▪ September 1 Off-Campus Contact – <ul style="list-style-type: none"> ▪ June 15 – No more than three off-campus contacts 	Recruiting Materials – <ul style="list-style-type: none"> ▪ Permissible Telephone Calls – <ul style="list-style-type: none"> ▪ No limitations Off-Campus Contact – <ul style="list-style-type: none"> ▪ Conclusion of junior year
Senior	Telephone Calls – <ul style="list-style-type: none"> ▪ Once per week Off-Campus Contact – <ul style="list-style-type: none"> ▪ No more than three off-campus contacts Official Visit – <ul style="list-style-type: none"> ▪ Opening day of classes 	Telephone Calls – <ul style="list-style-type: none"> ▪ June 15 – Once per week Official Visit – <ul style="list-style-type: none"> ▪ Opening day of classes 	Recruiting Materials – <ul style="list-style-type: none"> ▪ Permissible Telephone Calls – <ul style="list-style-type: none"> ▪ No limitations Off-Campus Contact – <ul style="list-style-type: none"> ▪ Permissible Official Visit – <ul style="list-style-type: none"> ▪ Opening day of classes

1. Coaches can send one general letter and a questionnaire once a year prior to your senior year.
2. You may call, email, or text a college coach as many times as you like as long as you make the contact. The coach **CANNOT** reply to any messages until after July 1 prior to your senior year.
3. You may provide a college coach your link to Youtube, Facebook, MySpace, your blog, Twitter etc. The college coach cannot be your “friend”, post on your blog, tweet you, etc. at any time.

General NCAA Recruiting Items

1. Official Visit – a visit to a college campus where your expenses are paid for by the university. You are allowed 5 official visits.
2. Unofficial Visit – if the university does not pay for any of your expenses, you may visit the university as many times as you wish.
3. A scholarship is **NOT** a 4 year commitment by the college. It is renewed each year. It can be taken away for violation of established academic, university, or athletic rules and regulations.
4. Your letter of intent is a document between the university and you. It is not between you and the coach or athletic program.

Basic Rules for NAIA Coaches

1. No recruiting Calendar
2. Coaches have no limits on contact with High School Players from Freshmen to Junior year. Senior year they same rules unless the High School Player has enrolled in another institution, then the player become off limits to all other institutions.
3. An institution may pay for one visit to its campus by direct route, for a stay not to exceed two days and two nights. The visit must be completed no less than 10 days prior to the opening day of classes.

General NAIA Recruiting Items

1. Individual or group tryouts may be conducted, on the member institution's campus only. Tryouts, where permitted, shall be limited to no more than two days for a specific student at a member institution.
2. No part of the travel expense, meals, and lodging of prospective students making visitations to an institution shall be paid by the institution unless such practice is a part of the general institutional policy in procurement of other students with special talents and not only for the express purpose of securing athletes.
3. Visitation of prospective students shall not involve loss of school time, except where such visitation occurs as a part of the total visitation program of the institution, approved by the administration of both the host institution and the institution of the visiting prospective student.

Basic Rules for NJCAA Coaches

1. No recruiting calendar.
2. Coaches have no limits on contact with High School Players from Freshmen to Junior year. Senior year the same rules apply unless the High School Player has enrolled in another institution, then the player become off limits to all other institutions.
3. An institution may pay for one visit to its campus by direct route, for a stay not to exceed two days and two nights. The visit must be completed no less than 10 days prior to the opening day of classes.
4. High School Tryouts/Showcase are allowed as long it is allow by the existing State High School Activities Association regulations in the student-athlete's home state

NCAA Eligibility Center

1. To obtain answers to all NCAA questions go to their main site at www.ncaa.org
2. To register through the NCAA Eligibility Center go to www.eligibilitycenter.org
This website takes you step by step through the registration process.
3. Cost: Before September 1, 2012 -\$60.00 - Beginning Sept. 1 - \$70.00
4. Your counselor must register all of your school's courses with the NCAA. They must also send an official transcript to the NCAA Eligibility Center. A transcript needs to be sent at the end of your Junior year and again **IMMEDIATELY** once you graduate.
5. There is a box on your ACT and SAT forms that must be checked so your scores will be sent to the NCAA Eligibility Center.

NAIA Eligibility Center

1. To obtain answers to all NAIA questions go to their main site at: www.naia.org
2. To register through the NAIA Eligibility Center go to:
<http://www.playnaia.org/psaRegister.php>
3. Cost: \$65.00
4. Every student interested in playing sports at NAIA colleges need to register and receive eligibility determination.
5. An official transcript needs to be sent to the NAIA Eligibility Center by you school counselor after the completion of your junior year and you met the standardized test score requirements. Another official transcript must be sent **IMMEDIATELY** after graduation along with class rank and cumulative grade point average.
6. When you register for the ACT or SAT, include the NAIA Eligibility Center **9876** on the list of places test scores should be sent.
7. Frequently asked questions about NAIA Eligibility can be found at
<http://www.playnaia.org/page/faqs.php>

NJCA Eligibility

1. A student-athlete must be a graduate of a high school with an academic diploma or a General Education diploma.

Financial Aid

More colleges and universities at **ALL** levels are today using the financial aid system to help offset scholarship monies. It is extremely important, a **MUST**, that your parents fill out the **FAFSA** – Free Application for Federal Student Aid. Colleges use the ranking you receive from this application to determine the amount of aid you will receive from the university.

1. www.fafsa.ed.gov This website will direct you through the process of filling out the FAFSA forms.
2. ***The sooner the better – first come, first served – Try to complete the application as soon as possible after January 1 of your senior year. Students who apply early have access to the most funds. Over time, financial aid is given away to applicants leaving less money for those who put off applying.***
3. Deadlines for 2012-13 school year
 - a. Federal – June 30, 2013
 - b. State – October 1, 2013

Your Video

1. Your video presentation can be distributed to coaches by DVD, Youtube, MySpace, Facebook, windows media, etc. If you are using the DVD method make sure you make enough copies to send to as many coaches you need to. In most all cases, you will not get your DVD returned.
2. Make the video no more than 10 minutes in length.
3. Make sure the video has an introduction to let the coach know who you are, position you play, color and number of uniform that is in the video, where you start in the rotation, etc.
4. Include video of basic skills and game footage. Show what you do best **FIRST!!**
5. When making the video, do not follow the ball with the camera, keep the sound off, music and fun introductions are welcome but not obligated.

What do I need to Do?

Sophomore Year

1. Begin to form realistic goals about the level at which you may be able to play at the college level.
2. Begin to form realistic goals on what size of college would be comfortable for you, what area you would like to study in college, how far away from home you would be comfortable going, and if you would like a college in an urban or rural area.
3. Provide the above information to your guidance counselor. They should have access to a computer program that will match your data with the colleges that meet your criteria. The program is called **OCIS – Ohio Career Information System**. (*See the website and information on the Helpful Volleyball Website page at the end of this packet.*)

Sophomore Year Continued

4. Send letters, emails, or call all colleges on that list – get your name on their radar! Make sure the information you send includes club and high school schedules. It is very important that your list has around 100 schools to start with. Do not send the information out on a distribution list. College coaches know when you are serious about their school. It takes time, but send emails out individually.
5. It is important that you market yourself to as many coaches as possible. You never know which coach will want you to play for them. Once you are offered then you can decide what is best for you.
6. Make a video and place it online for the coaches to view.
7. When colleges send their media guide, they usually send an information sheet. Complete the form and return it ASAP. A nice hand written note or email to the coach would be a nice touch and a great follow-up.
8. It is important to keep in touch with the coaches/school you are interested in. An email or phone call every couple weeks keeps your name on their list.

Junior Year

1. Refine your goals.
2. Refine the number of schools you may be interested in.
3. Update your video and again provide the link through emails to ALL the coaches on your list.
4. Continue to keep in contact with the colleges you are interested in via email, notes, or phone calls. Even though they cannot contact you, you need to call them.
5. Register with the NCAA and NAIA Eligibility Centers.
6. Take the ACT or SAT at the end of the school year.
7. Send high school and club schedules to the colleges and keep making contacts.
8. ***Take as many unofficial visits to colleges as possible.*** This will let the coach know you are really interested in their school and it will tell you whether or not you like the school, coach, academics, etc.

Senior Year

1. Narrow your choice of colleges to the ones you are really interested in or they in you.
2. Repeat many of the same items as in your junior year.
3. Make your college decision on what is best for YOU!! Make sure the school has your major. Do you like the coach, players, campus, etc.? This is the first major decision of YOUR life. Be sure it is your decision, not your coaches', boy friend's parent's, etc.
4. Ask yourself if you will be happy at this school if, for some reason, you do not play volleyball.

Helpful Volleyball and Recruiting Websites

OCIS – Ohio Career Information System

<http://ocis.org/>

This site will help you search for schools meeting your criteria such as type of school, size, major, distance from home, whether it give volleyball scholarships, etc.

Enter as the **User name:** UpperV and the **Password:** ohiocis03

On the far left of the screen you will see a link called **School Sort** – click it - The new screen will guide you through your search.

MaxPreps - Volleyball

<http://www.maxpreps.com/national/volleyball.htm>

This site carries team stats for not only Ohio teams but all around the country. It has players of the week, stats broken down by league, division, and state. It contains photos, videos, and a great deal of volleyball news.

University Athlete

www.universityathlete.com

Athletes should register or double check their information in this recruiting database. This is the Palm Pilot Recruiting Software that most colleges use to recruit athletes at tournaments. This is a free service. In conjunction with the service, there is an additional small fee based service that will put video clips in the website.

Rich Kern's Website

www.richkern.com

Another free recruiting website for players/parents. You can obtain all types of information on schools, conference, and divisions. The site provides fast links to all the information above.

USA Volleyball

www.usavolleyball.org

Junior Olympic Club Volleyball information. High performance, youth and junior national team tryout information – college links and information

Ohio Valley Region of USA Volleyball

www.ovr.org

OVR high performance and youth teams. Information on clubs, teams, tournaments, and summer camps in your area. Covers all of Ohio, Western Pa, and West Virginia.

AAU Volleyball

<http://aauvolleyball.org/>

AAU Volleyball is developing quite a program. With the AAU nationals in Orlando each year they have become one of the main recruiting tournaments for college coaches. This site will provide local tournament information along with all that AAU offers.

Ohio High School Volleyball Coaches Association

www.ohsvca.org

Information concerning high school volleyball in Ohio. Team records, all star matches, district organizations, state clinic, Elite Camp, etc.

